## **MEAL PRICES**

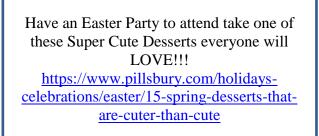
Lunch:
PK-6 - \$2.50
7-12 - \$2.65
<b>Reduced - \$.40</b>
Adults - \$3.60



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
To qualify as a reimbursable meal each meal <b>MUST</b> have ½ cup fruit/vegetable/ or combination of the two			All Middle School/High School Ala Carte options meet USDA Smart Snack at School Nutrition Standards. ****BOLD PRINT items are made fresh in house	Offered Daily for Breakfast: <b>100% Fruit Juice</b> <b>Assorted WG Cereals</b> <b>Milk carb</b> : 1% white milk Skim chocolate milk
3 WG Breakfast Pizza <b>Mixed Fruit Cup</b>	4 WG Biscuit Sausage & Cheese Peaches	5 WG Choc. Brownie Muffin Sausage Patty Pineapple	6 WG Biscuit <b>Sausage Gravy</b> Applesauce	7 Cereal String Cheese Pears
Chicken Nuggets Mashed Potatoes Gravy Corn Peaches <b>Cookie</b>	Mac & Cheese/ Little Smokies Salad Greens Mixed Vegetables Pineapple Roll	Ham and Cheese Sandwich on <b>WG Bun</b> Hash Brown Patty Baby Carrots Applesauce	Cheeseburger on WG Bun Sweet Potato Tots Baked Beans Pears	WG Pizza Broccoli Cucumbers <b>Strawberries &amp; Bananas</b>
10 WG Pancakes Sausage Strawberries & Bananas Chicken Fried Steak Savory Rice Peas Broccoli	11 WG Banana Crumb Muffin Rosy Applesauce Chicken Parmesan on WG Bun Salad w/ Spinach Green Beans	12 WG Cinnamon Roll Fruit cocktail BBQ Pork Patty on WG Bun Scalloped Potatoes Carrots	13 Cereal Yogurt Mandarin Oranges <b>Soft Taco</b> Salad Greens Refried Beans Peaches	14 NO SCHOOL

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
17	18	19	20	21
Breakfast Pizza	Scrumptious Coffee	WG French Toast	WG Muffin	WG Biscuit
Pineapple & Bananas	Cake	Sausage Links	Pears	Sausage Patty & Cheese
	Pineapple	Applesauce		Mandarin Oranges
Sweet N Sour Chicken	Sloppy Joe on WG Bun	Chicken Quesadilla	Chicken Nachos	Cheeseburger on
Peas and Carrots	Tator Tots	Sweet Potato Tots	Spanish Rice	WG Bun
Rice	Green Beans	Baked Beans	Refried Beans	Smile Potatoes
Cauliflower	Applesauce	Pears	Diced Tomatoes	Broccoli
Pineapple		Choc. Chip Rice Krispy	Mandarin Oranges	Grapes
		Treat		
24	25	26	27	28
Pancake on Stick	Peach Coffee Cake	WG Breakfast	Scrambled Eggs	WG Choc. Chip Muffin
Applesauce	Sausage Patty	Pizza	Hash Brown Patty	Sausage Patty
	Pears	Cinnamon Apples	Pineapple	Applesauce
				Chicken Leg
Taco Salad	Pigs in a Blanket	Burrito	Chicken Strip Wrap	Mashed Potatoes
Refried Beans	Corn	Green Beans	Sweet & Sour Rice	Gravy
Carrot	Baked Beans	Peas and Carrots	Tomatoes	Corn
Pears	Cinnamon Apples	Pineapple	Broccoli &Cheese	Mixed Fruit Cup
Brownie			Applesauce	Roll

## This institution is an equal opportunity provider.







April 6<sup>th</sup> – National Sorry Charlie Day 3<sup>rd</sup> Wed. – National High Five Day April 23<sup>rd</sup> – Talk like Shakespeare Day April 28<sup>th</sup> – Super Hero Day

## Must do Healthy Activities

Easter is April  $16^{th}$  – Color eggs and plan an Easter Egg Hunt or Treasure Hunt

Gather some supplies and go fishing if you can't find a fishing pole go ahead and watch the sun set, listen to the frogs, and throw rocks in the water.

Start thinking about your garden and flower beds. Get the kids to help plant, they love to get their hands dirty